

## RECENT FINDINGS IN CONCERN TO BUCCAL PATCHES: A REVIEW

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## ABSTRACT

The purpose of composing this review is to present the recent, improved and interesting findings of mucoadhesive buccal patches as a novel drug delivery system. The present review contains the information from last 23 years. In this review, emphasis is given on the recent interesting findings of last 14 years regarding buccal patches. Mucoadhesive/bucoadhesive buccal patches have been become an interesting area of novel drug delivery system as the dosage forms designed for buccal administration should not cause irritation and should be small and flexible enough to be accepted by the patient. These requirements can be met by using hydrogels. Hydrogels are hydrophilic matrices that are capable of swelling when placed in aqueous media. Normally, hydrogels are crosslinked so that they would not dissolve in the medium and would only absorb water. The other way of composing patches is by mixture of mucoadhesive polymer Methyle cellulose, alcohol or water in combination with Polyvinylpyrrolidone and glycerin. These patches are fabricated by solvent casting technique.

**Keywords:** Mucoadhesive, Buccal patch, Solvent casting technique, Methyle cellulose, Alcohol, Water.

## INTRODUCTION

Amongst the various routes of drug delivery, oral route is the most preferred to the patient and the clinician alike. Peroral administration of drugs has disadvantages such as first pass metabolism and enzymatic degradation within the GI tract, that prohibit oral administration of certain classes of drugs especially peptides and proteins. Consequently, other absorptive mucosae are considered as potential sites for drug administration. Transmucosal routes of drug delivery offer distinct advantages over peroral administration for systemic drug delivery. These advantages include possible bypass of first pass effect, avoidance of presystemic elimination within the GI tract, and, depending on the particular drug, a better enzymatic flora for drug absorption.

The nasal cavity as a site for systemic drug delivery has been investigated by many research groups and the route has already reached commercial status with several drugs including LHRH and calcitonin. However, the potential irritation and the irreversible damage to the ciliary action of the nasal cavity from chronic application of nasal dosage forms, as well as the large intra- and inter-subject variability in mucus secretion in the nasal mucosa, could significantly affect drug absorption from this site. Even though the rectal, vaginal, and ocular mucosae all offer certain advantages, the poor patient acceptability associated with these sites renders them reserved for local applications rather than systemic drug administration.<sup>[1-12]</sup>

The oral cavity, on the other hand, is highly acceptable by patients, the mucosa is relatively permeable with a rich blood supply, it is robust and shows short recovery times after stress or damage, and the virtual lack of Langerhans cells make the oral mucosa tolerant to potential allergens. Furthermore, oral transmucosal drug delivery bypasses first pass effect and avoids pre-systemic elimination in the GI tract. Within the oral mucosal cavity, delivery of drugs is classified into three categories: (i) sublingual delivery- systemic delivery of drugs through the mucosal membranes lining the floor of the mouth, (ii) buccal delivery- drug administration through the mucosal membranes lining the cheeks (buccal mucosa), and (iii) local delivery- drug delivery into the oral cavity.<sup>[13-16]</sup>

## Buccal mucosa as site of Drug Delivery

There are three different categories of drug delivery within the oral cavity (i.e., sublingual, buccal, and local drug delivery). Selecting one over another is mainly based on anatomical and permeability differences that exist among the various oral mucosal sites. The sublingual mucosa is relatively permeable, giving rapid absorption and acceptable bioavailabilities of many drugs, and is convenient, accessible, and generally well accepted. The sublingual route is by

far the most widely studied of these routes. Sublingual dosage forms are of two different designs, those composed of rapidly disintegrating tablets, and those consisting of soft gelatin capsules filled with liquid drug. Such systems create a very high drug concentration in the sublingual region before they are systemically absorbed across the mucosa. The buccal mucosa is considerably less permeable than the sublingual area, and is generally not able to provide the rapid absorption and good bioavailabilities seen with sublingual administration. Local delivery to tissues of the oral cavity has a number of applications, including the treatment of toothaches, periodontal disease, bacterial and fungal infections, aphthous and dental stomatitis, and in facilitating tooth movement with prostaglandins.<sup>[17,19-24]</sup>

Even though the sublingual mucosa is relatively more permeable than the buccal mucosa, it is not suitable for an oral transmucosal delivery system. The sublingual region lacks an expanse of smooth muscle or immobile mucosa and is constantly washed by a considerable amount of saliva making it difficult for device placement. Because of the high permeability and the rich blood supply, the sublingual route is capable of producing a rapid onset of action making it appropriate for drugs with short delivery period requirements with infrequent dosing regimen. Due to two important differences between the sublingual mucosa and the buccal mucosa, the latter is a more preferred route for systemic transmucosal drug delivery. Firstly, difference being in the permeability characteristics of the region where the buccal mucosa is less permeable and is thus not able to give a rapid onset of absorption. Second being that, the buccal mucosa has an expanse of smooth muscle and relatively immobile mucosa which makes it a more desirable region for retentive systems used for oral transmucosal drug delivery. Thus the buccal mucosa is more fitted for sustained delivery applications, delivery of less permeable molecules, and perhaps peptide drugs.<sup>[17-18]</sup>

Similar to any other mucosal membrane, the buccal mucosa as a site for drug delivery has limitations as well. One of the major disadvantages associated with buccal drug delivery is the low flux which results in low drug bioavailability. Various compounds have been investigated for their use as buccal penetration enhancers in order to increase the flux of drugs through the mucosa. Since the buccal epithelium is similar in structure to other stratified epithelia of the body, enhancers used to improve drug permeation in other absorptive mucosae have been shown to work in improving buccal drug penetration. Drugs investigated for buccal delivery using various permeation/absorption enhancers range in both molecular weight and physicochemical properties. Small molecules such as butyric acid and butanol, ionizable low molecular weight drugs such as acyclovir, propranolol, and salicylic acid, large molecular weight

hydrophilic polymers such as dextrans, and a variety of peptides including octreotide, leutinizing hormone releasing hormone (LHRH), insulin, and  $\alpha$ -interferon have all been studied.<sup>[25-34]</sup>

A series of studies on buccal permeation of buserelin and fluorescein isothiocyanate (FITC) labelled dextrans reported the enhancing effects of di- and tri-hydroxy bile salts on buccal penetration. Their results showed that in the presence of the bile salts, the permeability of porcine buccal mucosa to FITC increased by a 100-200 fold compared to FITC alone. The mechanism of penetration enhancement of FITC-labelled dextrans by sodium glycocholate (SGC) was shown to be concentration dependent. Below 10 mM SGC, buccal permeation was increased by increasing the intercellular transport and at 10 mM and higher concentrations by opening up a transcellular route. Gandhi and Robinson investigated the mechanisms of penetration enhancement of transbuccal delivery of salicylic acid. They used sodium deoxycholate and sodium lauryl sulfate as penetration enhancers, both of which were found to increase the permeability of salicylic acid across rabbit buccal mucosa. Their results also supported that the superficial layers and protein domain of the epithelium may be responsible for maintaining the barrier function of the buccal mucosa.<sup>[35-38]</sup>

### Buccal Drug Delivery Systems

Other than the low flux associated with buccal mucosal delivery, a major limitation of the buccal route of administration is the lack of dosage form retention at the site of absorption. Consequently, bioadhesive polymers have extensively been employed in buccal drug delivery systems. Bioadhesive polymers are defined as polymers that can adhere onto a biological substrate. The term mucoadhesion is applied when the substrate is mucosal tissue. Polymers which can adhere to either hard or soft tissue have been used for many years in surgery and dentistry. Diverse classes of polymers have been investigated for their potential use as mucoadhesives. These include synthetic polymers such as monomeric cyanoacrylate, polyacrylic acid, hydroxypropyl methylcellulose, and poly methacrylate derivatives as well as naturally occurring polymers such as hyaluronic acid and chitosan. Other synthetic polymers such as polyurethanes, epoxy resins, polystyrene, and natural-product cement have also been extensively investigated.<sup>[21,39-44]</sup>

In general, dosage forms designed for buccal administration should not cause irritation and should be small and flexible enough to be accepted by the patient. These requirements can be met by using hydrogels. Hydrogels are hydrophilic matrices that are capable of swelling when placed in aqueous media. Normally, hydrogels are crosslinked so that they would not dissolve in the medium and would only absorb water. When drugs are loaded into these hydrogels, as water is absorbed into the matrix, chain relaxation occurs and drug molecules are released through the spaces or channels within the hydrogel network. In a more broad meaning of the term, hydrogels would also include water-soluble matrices that are capable of swelling in aqueous media, these include natural gums and cellulose derivatives. These 'pseudo-hydrogels' swell infinitely and the component molecules dissolve from the surface of the matrix. Drug release would then occur through the spaces or channels within the network as well as through the dissolution and/or the disintegration of the matrix. The use of hydrogels as adhesive preparations for transmucosal drug delivery has acquired considerable attention in recent years.<sup>[44]</sup>

Ajeet et al. (2011) has designed and evaluated mucoadhesive placebo buccal device. These patches are composed of mixture of mucoadhesive polymer Methyl cellulose and water in combination with Polyvinylpyrrolidone and glycerin. The patches were fabricated by solvent casting technique and were evaluated for its physical properties. The patches were evaluated for film weight uniformity, thickness, swelling index, surface pH, mucoadhesive time and folding endurance. A combination of Methyl cellulose with Polyvinylpyrrolidone K30, glycerin with water as solvent gives promising results.<sup>[45]</sup>

Parikj Bhavik Anjankumar (2011) has designed and evaluated mucoadhesive bi-layered buccal devices comprising a drug

containing mucoadhesive layer and a drug free backing membrane. Bilaminated films composed of mixture of drug (Valsartan) and chitosan, with hydroxyl-propylmethylcellulose (15 cps) and backing layer (ethyl cellulose). Films were fabricated by solvent casting technique and were evaluated for thickness, drug content uniformity, bio-adhesion strength, percent, swelling index, folding endurance and in vitro drug release. A combination of chitosan and hydroxylpropylmethylcellulose (1:1) using propylene glycol (50% by weight of polymer) as plasticizer gave promising results. The optimized film exhibited an In vitro drug release of approximately 90% in 5 hrs along with satisfactory bio-adhesive strength<sup>[46]</sup>.

Rohit Chaudhary et al. (2010) has designed and evaluated mucoadhesive bilayered buccal devices comprising a drug containing mucoadhesive layer and a drug free backing membrane. Bilaminated patches composed of mixture of drug (Methotrexate) and sodium alginate alone or in combination with sodium carboxy methylcellulose, Polyvinylpyrrolidone and carbopol 934 and backing membrane (Ethyl cellulose). The patches were fabricated by solvent casting technique and were evaluated for In-Vitro and Ex-Vivo drug release. The patches were evaluated for film weight uniformity, thickness, swelling index, surface pH, mucoadhesive strength and mucoadhesive time and folding endurance. A combination of sodium alginate with carbopol-934 and glycerol as plasticizer gives promising results. The optimized patch exhibit an in vitro release of 82% through cellophane membrane and 70.78 % through buccal mucosa with satisfactory mucoadhesive strength and mucoadhesive time.<sup>[47]</sup>

G.A. Khairnar and F. J. Sayyad (2010) reviewed the highlights of development of mucoadhesive polymers in buccal drug delivery. Buccal delivery of the desired drug using mucoadhesive polymers has been the subject of interest since the early 1980s. Advantages associated with buccal drug delivery have rendered this route of administration useful for a variety of drugs. This article covers the anatomy of oral mucosa, mechanism of drug permeation, characteristics and properties of the desired polymers, new generation of the mucoadhesive polymers<sup>[48]</sup>.

A polymeric film composed of Carbopol, Poloxamer and hydroxypropyl methylcellulose was prepared by Myung Kwan Chun et al. (2010) to develop a buccal patch and the effects of composition of the film on adhesion time, swelling ratio, and dissolution of the film were studied. The effects of plasticizers or penetration enhancers on the release of triamcinolone acetonide (TAA) were also studied. The hydrogen bonding between Carbopol and Poloxamer played important role in reducing swelling ratio and dissolution rate of polymer film and increasing adhesion time. The swelling ratio of the composite film was significantly reduced and the adhesion time was increased when compared with Carbopol film. As the ratio of Poloxamer to hydroxypropyl methylcellulose increased from 0/66 to 33/33, the release rate of TAA decreased. However, no further significant decrease of release rate was observed beyond the ratio of 33/33. The release rate of TAA in the polymeric film containing polyethylene glycol 400, a plasticizer, showed the highest release rate followed by triethyl citrate, and castor oil. The release rate of TAA from the polymeric film containing permeation enhancers was slower than that from the control without enhancers. Therefore, these observations indicated that a preparation of a buccal patch is feasible with the polymeric film composed of Carbopol, Poloxamer and hydroxypropyl methylcellulose.<sup>[49]</sup>

Buccal patches for the delivery of atenolol using sodium alginate with various hydrophilic polymers like carbopol 934 P, sodium carboxymethyl cellulose, and hydroxypropyl methylcellulose in various proportions and combinations were fabricated by Surya Adhikari et al. (2010) using solvent casting technique. Various physicomechanical parameters like weight variation, thickness, folding endurance, drug content, moisture content, moisture absorption, and various *ex vivo* mucoadhesion parameters like mucoadhesive strength, force of adhesion, and bond strength were evaluated. An *in vitro* drug release study was designed, and it was carried out using commercial semipermeable membrane. All these fabricated patches were sustained for 24 h and obeyed first-order

release kinetics. *Ex vivo* drug permeation study was also performed using porcine buccal mucosa, and various drug permeation parameters like flux and lag time were determined.<sup>[50]</sup>

Bilayer nicotine mucoadhesive patches were prepared and evaluated by Rana Abu Huwaj (2010) to determine the feasibility of the formulation as a nicotine replacement product to aid in smoking cessation. Nicotine patches were prepared using xanthan gum or carbopol 934 as a mucoadhesive polymers and ethyl cellulose as a backing layer. The patches were evaluated for their thickness, weight and content uniformity, swelling behavior, drug-polymers interaction, adhesive properties, and drug release. The physicochemical interactions between nicotine and the polymers were investigated by Fourier transform infrared (FTIR) spectroscopy. Mucoadhesion was assessed using two-arm balance method, and the *in vitro* release was studied using the Franz cell. FTIR revealed that there was an acid base interaction between nicotine and carbopol as well as nicotine and xanthan. Interestingly, the mucoadhesion and *in vitro* release studies indicated that this interaction was strong between the drug and carbopol whereas it was weak between the drug and xanthan. Loading nicotine concentration to non-medicated patches showed a significant decrease in the mucoadhesion strength of carbopol patches and no significant effect on the mucoadhesion strength of xanthan patches. *In vitro* release studies of the xanthan patches showed a reasonable fast initial release profile followed by controlled drug release over a 10-h period.<sup>[51]</sup>

The aim of Gazzi Shanker et. al. (2010) was concerned with formulation and evaluation of bioadhesive buccal drug delivery of tizanidine hydrochloride tablets, which is extensively metabolized by liver. The tablets were prepared by direct compression using bioadhesive polymers such as hydroxypropyl methylcellulose K4M, sodium carboxymethyl cellulose alone, and a combination of these two polymers. In order to improve the permeation of drug, different permeation enhancers like beta-cyclodextrin ( $\beta$ -CD), hydroxypropyl beta-cyclodextrin (HP- $\beta$ -CD), and sodium deoxycholate (SDC) were added to the formulations. The  $\beta$ -CD and HP- $\beta$ -CD were taken in 1:1 molar ratio to drug in formulations. Bioadhesion strength, *ex vivo* residence time, swelling, and *in vitro* dissolution studies and *ex vivo* permeation studies were performed. *In vitro* release of optimized bioadhesive buccal tablet was found to be non-Fickian. SDC was taken in 1%, 2%, and 3% w/w of the total tablet weight. Stability studies in natural saliva indicated that optimized formulation has good stability in human saliva. *In vivo* mucoadhesive behavior of optimized formulation was performed in five healthy male human volunteers and subjective parameters were evaluated.<sup>[52]</sup>

Deelip Derle et. al. (2009) has formulated and evaluated mucoadhesive bi-layer buccal tablets of propranolol hydrochloride tablets using the bioadhesive polymers such as sodium alginate and carbopol 971 P along with ethyl cellulose as an impermeable backing layer. The tablets were evaluated for weight variation, thickness, hardness, friability, surface pH, mucoadhesive strength, swelling index, *in vitro* drug release. Tablets containing sodium alginate and carbopol 971 P in the ratio of 5:1 showed the maximum percentage of *in vitro* drug release without disintegration in 12 hours. The swelling index was proportional to sodium alginate content and inversely proportional to carbopol 971 P content. The surface pH of all tablets was found to be satisfactory, close to neutral pH; hence, no irritation would observe with these tablets. The mechanism of drug release was found to be zero-order kinetics.<sup>[53]</sup>

Subhash V. Deshmane et. al. (2009) have the objective of present work was to characterize the effect of chitosan with PVP K-30 on water soluble drug by preparing mucoadhesive buccal patch. Each formulated batch was subjected to various evaluation parameters. The swelling percentage was found to be function of solubility of drug and PVP K-30. The mucoadhesive strength, vapour transmission and *in-vitro* released of water soluble drug through water insoluble chitosan base matrix were found satisfactorily. The physical appearance of buccal patch was examined by scanning electron microscopy. The released kinetic model best to fit for the optimized batch was Hixson Crowell, indicating that the drug release

from systems in which there is a change in the surface area and the diameter of particles present in dosage form<sup>[54]</sup>.

Chandra Sekhar Kolli et. al. (2008) have the aim of this investigation was to develop and evaluate mucoadhesive buccal patches of prochlorperazine (PCPZ). Permeation of PCPZ was calculated *in vitro* using porcine buccal membrane. Buccal formulations were developed by solvent-casting technique using hydroxy propylmethyl cellulose (HPMC) as mucoadhesive polymer. The patches were evaluated for *in vitro* release, moisture absorption and mechanical properties. The optimized formulation, based on *in vitro* release and moisture absorption studies, was subjected for bioadhesion studies using porcine buccal membrane. *In vitro* flux of PCPZ was calculated to be  $2.14 \pm 0.01 \mu\text{g} \cdot \text{h}^{-1} \cdot \text{cm}^{-2}$  and buccal absorption was also demonstrated *in vivo* in human volunteers. *In vitro* drug release and moisture absorbed was governed by HPMC content. Increasing concentration of HPMC delayed the drug release. All formulations followed Zero order release kinetics whereas the release pattern was non-Fickian. The mechanical properties, tensile strength ( $10.28 \pm 2.27 \text{ kg mm}^{-2}$ ) and elongation at break reveal that the formulations were found to be strong but not brittle. The peak detachment force and work of adhesion for formulation were  $0.68 \pm 0.15 \text{ N}$  and  $0.14 \pm 0.08 \text{ mJ}$ , respectively. The results indicate that suitable bioadhesive buccal patches of PCPZ with desired permeability and suitable mechanical properties could be prepared.<sup>[55]</sup>

Supriya Sidhaye et. al. (2008) have the purpose of this study was to develop and optimize formulations of mucoadhesive bilayered buccal patches of sumatriptan succinate using chitosan as the base matrix. The patches were prepared by the solvent casting method. Gelatin and polyvinyl pyrrolidone (PVP) K30 were incorporated into the patches, to improve the film properties of the patches. The patches were found to be smooth in appearance, uniform in thickness, weight, and drug content; showed good mucoadhesive strength; and good folding endurance. A  $3^2$  full factorial design was employed to study the effect of independent variables viz. levels of chitosan and PVP K30, which significantly influenced characteristics like swelling index, *in-vitro* mucoadhesive strength, *in vitro* drug release, and *in-vitro* residence time. Different penetration enhancers were tried to improve the permeation of sumatriptan succinate through buccal mucosa. Formulation containing 3% dimethyl sulfoxide showed good permeation of sumatriptan succinate through mucosa. Histopathological studies revealed no buccal mucosal damage. It can be concluded that buccal route can be one of the alternatives available for administration of sumatriptan succinate.<sup>[56]</sup>

A buccal patch for systemic administration of carvedilol in the oral cavity has been developed by Y. Vamshi Vishnu et. al. (2007) using two different mucoadhesive polymers. The formulations were tested for *in vitro* drug permeation studies, buccal absorption test, *in vitro* release studies, moisture absorption studies and *in vitro* bioadhesion studies. The physicochemical interactions between carvedilol and polymers were investigated by Fourier transform infrared (FTIR) Spectroscopy. According to FTIR the drug did not show any evidence of an interaction with the polymers used and was present in an unchanged state. XRD studies reveal that the drug is in crystalline state in the polymer matrix. The results indicate that suitable bioadhesive buccal patches with desired permeability could be prepared. Bioavailability studies in healthy pigs reveal that carvedilol has got good buccal absorption. The bioavailability of carvedilol from buccal patches has increased 2.29 folds when compared to that of oral solution. The formulation shows  $84.85 \pm 0.089\%$  release and  $38.69 \pm 6.61\%$  permeated through porcine buccal membrane in 4 hr. The basic pharmacokinetic parameters like the  $C_{\text{max}}$ ,  $T_{\text{max}}$  and AUC total were calculated and showed statistically significant difference ( $P < 0.05$ ) when given by buccal route compared to that of oral solution<sup>[57]</sup>.

Mucoadhesive buccal patches containing propranolol hydrochloride were prepared by Vishnu M. Patel (2007) using the solvent casting method. Chitosan was used as bioadhesive polymer and different ratios of chitosan to PVP K-30 were used. The patches were evaluated for their physical characteristics like mass variation, drug

content uniformity, folding endurance, ex vivo mucoadhesion strength, ex vivo mucoadhesion time, surface pH, in vitro drug release, and in vitro buccal permeation study. Patches exhibited controlled release for a period of 7 h. The mechanism of drug release was found to be non-Fickian diffusion and followed the first-order kinetics. Incorporation of PVP K-30 generally enhanced the release rate. Swelling index was proportional to the concentration of PVP K-30. Optimized patches showed satisfactory bioadhesive strength of  $9.6 \pm 2.0$  g, and ex vivo mucoadhesion time of 272 minutes. The surface pH of all patches was between 5.7 and 6.3 and hence patches should not cause irritation in the buccal cavity. Patches containing 10 mg of drug had higher bioadhesive strength with sustained drug release as compared to patches containing 20 mg of drug. Good correlation was observed between the in vitro drug release and in vitro drug permeation with a correlation coefficient of 0.9364. Stability study of optimized patches was done in human saliva and it was found that both drug and buccal patches were stable.<sup>[58]</sup>

Vishnu Patel et. al. (2007) have developed formulations and systematically evaluated in vitro performances of buccoadhesive patches of propranolol hydrochloride using the hydrophobic polymer Eudragit L-100 as the base matrix. The hydrophilic polymers Carbopol 934 and polyvinyl pyrrolidone (PVP) K30 were incorporated into the Eudragit patches, to provide the patches with bioadhesive properties and to modify the rate of drug release. The patches, which were prepared by the solvent casting method, were smooth and elegant in appearance; were uniform in thickness, weight, and drug content; showed no visible cracks; and showed good folding endurance. A  $3^2$  full factorial design was employed to study the effect of independent variables like hydrophilic polymers Carbopol 934 and PVP K30, which significantly influenced characteristics like swelling index, ex vivo mucoadhesive strength, in vitro drug release, and ex vivo residence time. A stability study of optimized Eudragit patches was done in natural human saliva; it was found that both drug and buccal patches were stable in human saliva. It can be concluded that the present buccal formulation can be an ideal system to improve the bioavailability of the drug by avoiding hepatic first-pass metabolism.<sup>[59]</sup>

A novel delivery system has been developed by Marta Corbonits et. al. (2004) for testosterone replacement. This formulation, COL-1621 (Striant), a testosterone-containing buccal mucoadhesive system, has been shown in preliminary studies to replace testosterone at physiological levels when used twice daily. Therefore, the current study compared the steady-state pharmacokinetics and tolerability of the buccal system with a testosterone-containing skin patch in an international multicenter study of a group of hypogonadal men.

Sixty-six patients were randomized into two groups; one applied the buccal system twice daily, whereas the other applied the transdermal patch daily. Serum total testosterone and dihydrotestosterone concentrations were measured over the last 24 h of the study. Pharmacokinetic parameters for each formulation were calculated, and the two groups were compared. The tolerability of both formulations was also evaluated.

Thirty-three patients were treated with the buccal preparation, and 34 were treated with the transdermal patch. The average serum testosterone concentration over 24 h showed a mean of 18.74 nmol/liter (SD =; 5.90) in the buccal system group and 12.15 nmol/liter (SD =; 5.55) in the transdermal patch group ( $P < 0.01$ ). Of the patients treated with the buccal system, 97% had average steady-state testosterone concentrations within the physiological range (10.41–36.44 nmol/liter), whereas only 56% of the transdermal patch patients achieved physiological total testosterone concentrations ( $P < 0.001$  between groups). Testosterone concentrations were within the physiological range in the buccal system group for a significantly greater portion of the 24-h treatment period than in the transdermal patch group (mean, 84.9% vs. 54.9%;  $P < 0.001$ ). Testosterone/dihydrotestosterone ratios were physiological and similar in both groups. Few patients experienced major adverse effects from either treatment. No significant local tolerability problems were noted with the buccal system, other than a single patient withdrawal. We conclude that this buccal system is superior to the transdermal patch in achieving testosterone

concentrations within the normal range. It may, therefore, be a valuable addition to the range of choices for testosterone replacement therapy.<sup>[60]</sup>

Mucoadhesive patches for delivery of salbutamol sulphate were prepared by L. Panigrahi et. al. (2004) using polyvinyl alcohol, hydroxypropylmethyl cellulose and chitosan. Mechanical property, swelling and bioadhesive characteristics were determined for both plain and medicated patches. Mechanical properties were determined in presence of carbopol and polyvinylpyrrolidone. The results showed an increase in swelling after addition of salbutamol sulphate to the plain formulation. This was attributed that the salbutamol sulphate modifies the way water is bound to or taken by the polymer. A decrease in residual time was observed for polyvinyl alcohol and chitosan containing formula. High drug release was obtained from polyvinyl alcohol compared to the hydroxypropylmethylcellulose. Physical characteristics of the studied patches showed promising with good bioadhesion.<sup>[61]</sup>

Deirdre faye Vaughan (2003) have the purpose of this study was to establish pharmacokinetic parameters and the bioavailability of albuterol and butorphanol when administered intravenously and buccally. Three dogs weighing 20 kg were studied. Each received albuterol and butorphanol by buccal and intravenous administration. Blood samples were collected and analyzed by ELISA. Values for pharmacokinetic parameters were determined using non-compartmental modeling.

For albuterol, extrapolated  $C_{max}$  and  $C_{0.5}$  after buccal and IV administration were  $10.28 \pm 2.77$  and  $57.74 \pm 9.04$  ng/ml, respectively. Volume of distribution was  $2.13 \pm 1.30$  L/kg and clearance was  $4.73 \pm 3.91$  ml/min/kg. A significant difference existed between the disappearance rate constant of buccal and intravenous albuterol administration. The half-lives of buccal and IV albuterol were  $160.96 \pm 24.19$  and  $364.20 \pm 115.20$  min, respectively. The bioavailability of buccally administered albuterol was 35%. Maximal concentration ( $C_{max}$ ) and  $C_{0.5}$  after buccal and IV butorphanol administration were  $6.66 \pm 1.65$  and  $8.24 \pm 5.55$  ng/ml, respectively. Volume of distribution was  $27.58 \pm 10.14$  L/kg and  $Cl$  was  $137.87 \pm 19.55$  ml/min/kg. The half-life of buccally administered butorphanol was  $259.15 \pm 33.12$  min and  $172.12 \pm 94.95$  min for intravenous butorphanol. The bioavailability of buccally administered butorphanol was 606%. The buccal patch used in this study achieved systemic concentrations for both albuterol and butorphanol. Further studies are needed to determine if therapeutic drug concentrations can be achieved with the buccal patch and if the patch can result in clinical efficacy.<sup>[62]</sup>

Mucoadhesive patches for delivery of cetylpyridinium chloride (CPC) were prepared by Noha adel nafee (2003) using polyvinyl alcohol (PVA), hydroxyethyl cellulose (HEC) and chitosan. Swelling and bioadhesive characteristics were determined for both plain and medicated patches. The results showed a remarkable increase in radial swelling (S D) after addition of the water-soluble drug (CPC) to the plain formulae. A decrease in the residence time was observed for PVA and chitosan containing formulae. Higher drug release was obtained from PVA patches compared to HEC ones, while both are non-ionic polymers. A considerable drop in release was observed for chitosan formulae after the addition of water-soluble additives, polyvinyl pyrrolidone (PVP) and gelatin. Ageing was done on PVA formulae; the results showed there was no influence on the chemical stability of CPC, as reflected from the drug content data. Physical characteristics of the studied patches showed an increase in the residence time with storage accompanied with a decrease in drug release. This may be due to changes in the crystal habit of the drug as well as to slight agglomeration of the polymer particles.<sup>[63]</sup>

Within the oral mucosal cavity, the buccal region offers an attractive route of administration for systemic drug delivery. The mucosa has a rich blood supply and it is relatively permeable. Amir H. Shojaei (1998) have the objective of this article to review buccal drug delivery by discussing the structure and environment of the oral mucosa and the experimental methods used in assessing buccal drug permeation/absorption. Buccal dosage forms will also be reviewed with an emphasis on bioadhesive polymeric based delivery systems.

Amongst the various routes of drug delivery, oral route is perhaps the most preferred to the patient and the clinician alike. However, peroral administration of drugs has disadvantages such as hepatic first pass metabolism and enzymatic degradation within the GI tract, that prohibit oral administration of certain classes of drugs especially peptides and proteins. Consequently, other absorptive mucosae are considered as potential sites for drug administration. Transmucosal routes of drug delivery (i.e., the mucosal linings of the nasal, rectal, vaginal, ocular, and oral cavity) offer distinct advantages over peroral administration for systemic drug delivery. These advantages include possible bypass of first pass effect, avoidance of presystemic elimination within the GI tract, and, depending on the particular drug, a better enzymatic flora for drug absorption.

The nasal cavity as a site for systemic drug delivery has been investigated by many research groups and the route has already reached commercial status with several drugs including LHRH and calcitonin. However, the potential irritation and the irreversible damage to the ciliary action of the nasal cavity from chronic application of nasal dosage forms, as well as the large intra- and inter-subject variability in mucus secretion in the nasal mucosa, could significantly affect drug absorption from this site. Even though the rectal, vaginal, and ocular mucosae all offer certain advantages, the poor patient acceptability associated with these sites renders them reserved for local applications rather than systemic drug administration. The oral cavity, on the other hand, is highly acceptable by patients, the mucosa is relatively permeable with a rich blood supply, it is robust and shows short recovery times after stress or damage, and the virtual lack of Langerhans cells makes the oral mucosa tolerant to potential allergens. Furthermore, oral transmucosal drug delivery bypasses first pass effect and avoids pre-systemic elimination in the GI tract. These factors make the oral mucosal cavity a very attractive and feasible site for systemic drug delivery.

Within the oral mucosal cavity, delivery of drugs is classified into three categories: (i) sublingual delivery, which is systemic delivery of drugs through the mucosal membranes lining the floor of the mouth, (ii) buccal delivery, which is drug administration through the mucosal membranes lining the cheeks (buccal mucosa), and (iii) local delivery, which is drug delivery into the oral cavity.<sup>[64]</sup>

C. Li et al. (1998) has assessed the bioadhesive properties of several different mucoadhesive buccal patches. The patches consisted of custom coformulations of silicone polymers and Carbopol 974P. The contact angle of water was measured for each of the test formulations, using an ophthalmic shadow scope. The corresponding work of adhesion between the water and the patches, and between the patches and freshly-excised rabbit buccal mucosa was then calculated, using a modification of Dupre's equation. The bioadhesive strength between the patches and excised rabbit buccal mucosa was also assessed. The results of the contact-angle measurements indicated that the contact angle decreased with an increase in the amount of Carbopol in the formulation. Additionally, the calculated values of both formulations increased with an increase in the amount of Carbopol in the buccal-patch formulations. A correlation ( $r$  not equal to 0.9808) was found between the measured contact angle and the calculated values. The direct measurement of the force required to separate a buccal patch from excised rabbit buccal mucosa with the INSTRON demonstrated that the adhesive strength increased with an increase in the amount of Carbopol. This preliminary study has shown that the measurement of contact angles alone may provide a useful technique for estimating the work of adhesion, and may serve as a convenient and rapid screening procedure to identify potential mucoadhesive buccal-patch formulations<sup>[65]</sup>.

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